



## From the Director of Services...

Good day everyone! 4th of July is upon us and summer is in full swing!

With plans changed, we will be moving forward with some wonderful new additions to our facilities here.

The first will be at Senior Living in July. We will finally have a wonderful outdoor space and gathering social area for our residents and families.

This will include outdoor living room seating, raised planters, a fountain, and more. I look forward to doing this project for everyone to enjoy.

The dietary department has some cool summer dishes that everyone is enjoying. Brain healthy and hydration are always on the fore front.

Our summer salad of spring mix topped with diced chicken, craisins, sliced strawberries, and blueberries topped with raspberry dressing does it all! Cottage cheese with fresh sliced mango is a hit as well.

Instead of ice cream, we take an assortment of fresh diced melons and top them with fresh yogurt honey glaze.

Maintenance and housekeeping are keeping up the interior and exterior of our buildings and are very happy to have visitors back again!

If you have any questions or concerns about services here at Abington Manor, please feel free to reach out to me directly at [josepha@abingtonmanor.com](mailto:josepha@abingtonmanor.com).

Have a safe and fun 4th of July holiday!

### Joseph Armato

Director of Services  
610-829-0100

[josepha@abingtonmanor.com](mailto:josepha@abingtonmanor.com)

## July Birthdays

In astrology, those born July 1–22 are Cancer's Crabs. Crabs like to retreat into their "shells" and enjoy being surrounded by loved ones at home. They nurture deep relationships and become loyal friends. Those born July 23–31 are Leo's Lions. These "kings of the savanna" are natural-born leaders, full of creativity, confidence, and charisma. Leos use their generosity and sense of humor to unite different groups into a common cause.

### Senior Living Birthdays:

No July Birthdays

### Memory Care Village Birthdays:

7/15 – Phil Exley & MaryAnn DeBalso

Both buildings host a resident birthday party as a combined celebration of all residents born in the current month. Check your calendars for the date and time to come and join us for some celebrating, singing, and of course...cake!



We have a Facebook page! Look for updates and photos by searching "Abington Manor at Morgan Hill" and "Like" us.

We are also on the web. Our monthly newsletter and calendar are available on our website.

Office hours are Monday-Friday 9am-5pm.

Senior Living: (610) 829-0100

Memory Care Village: (610) 438-9400

# The Campus Gazette

Abington Manor at Morgan Hill Senior Living and Memory Care Village

## Celebrating July

Anti-Boredom Month

Women's Motorcycle Month

World Watercolor Month

Canada Day

July 1

Roswell UFO Days

July 1–3

Independence Day (U.S.)

July 4

Bastille Day (France)

July 14

"Wrong Way" Corrigan Day

July 17

World Chess Day

July 20

Day of the Cowboy

July 24

World Lumberjack  
Championships

July 29–31

World Ranger Day

July 31



## A Message from Campus PHC Executive Director, LPN...

It seems every newsletter or update starts with Covid-19. This time I'm so happy to report that there just might be a light at the end of the Covid-19 tunnel.

As of June 24, 2021 our Northampton County positivity rate was 1.2%, that's wonderful news!!!

I do want to remind you, even though the Governor lifted the use of face masks in the community, we are still regulated by the state as a Long-Term Care facility which still requires our visitors and staff to wear a "surgical paper face mask" at all times in the facility whether someone is fully vaccinated or not.

I understand your frustration, but my goal is to continue to keep our residents and staff safe. We're definitely getting closer, but we're not out of the woods yet.

I'm also pleased to report that all of our fully vaccinated 1:1 caregivers will be allowed into the facility to assist our residents on Hospice and Palliative Care, and outside agencies who are contracted by families to assist their loved one as needed for extra care.

Let's keep moving forward and enjoy life again! It's been wonderful seeing our residents with their families again, enjoying visits and outside outings.

In closing, I will be off campus on vacation from 7/2 returning 7/19/21. You can contact either one of our Director of Resident Care nurses - Jolyn Church or Myra Pilkus for any questions or concerns.

Joseph Armato, Campus Director of Services and Susan Sartoretto, Managing Partner will also be on campus to assist you. Stay Happy, Healthy, and Safe.

### Mary Ann Smolenyak

Campus PCH Executive Director, LPN  
610-829-0100

[maryanns@abingtonmanor.com](mailto:maryanns@abingtonmanor.com)



## Wellness Corner- A Message from MCV Director of Resident Care...



Preventing falls- One in 4 older Americans fall annually requiring doctor's or ER visits. Fall potential increases in patients with Alzheimer's and Dementia

due to their lack of safety awareness, and could lead to hospitalizations, broken bones, and possible death. Memory Care encourages our residents to exercise to increase strength and coordination. Our therapy department works hard to assist us. We encourage families to have their loved one's vision checked, at least annually. Our Nurses and Medication Technicians are involved in medication management and contact the physicians as needed. Our physicians manage chronic conditions with medications, labs, and any needed tests. Home safety is always our goal and we are always looking for new ideas to keep our residents safe. We suggest that families purchase anti-slip socks for their loved ones to wear to bed or anytime they refuse to wear shoes. If you have any questions about socks, please contact me or any one of our nurses.

### Myra Pilkus

Director of Resident Care, LPN  
Memory Care Village  
610-438-9400

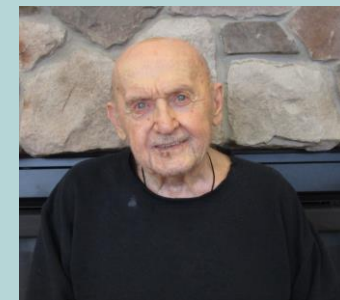
[myrap@abingtonmanor.com](mailto:myrap@abingtonmanor.com)



## Meet Your Neighbor:

### Florence Tennenbaum – Senior Living

Florence likes playing Bingo, socializing, and going out for some fresh air.



### Leon Yeziarski – Memory Care Village

Leon enjoys watching his favorite shows, likes to eat, and relax. He is a kind gentleman.

## A Marketing Message...

This summer is heating up and so are the savings! If current family members refer a NEW resident to Senior Living or Memory Care Village, with a move in date in July, August or September, you'll earn a \$500 credit toward a future month's rent. It's our way of saying thank you! Spread the word, grow our family, earn for your loved one! For more information, please contact Jessica Ringo at 484-866-0607.



### Jessica Ringo

Director of Admissions  
and Marketing  
610-438-9400

[jessicar@abingtonmanor.com](mailto:jessicar@abingtonmanor.com)

## The Fun We've Had in Senior Living Activities...

Residents and staff at Senior Living had a great time singing and dancing along to "Caribbean Jeff!" Plants and aviary are looking good!!



## The Fun We've Had in Memory Care Village Activities...

Residents at Memory Care Village enjoyed "Sing Along with Dan." Julia's 104<sup>th</sup> Birthday Celebration was a lot of fun! Roy's 89<sup>th</sup> birthday celebrated with his lovely family. Outdoor gathering in the patio, gardening, drumming, and dancing always enjoyed by everyone!



### Jennifer Argente-Rusu

Activities Director  
Memory Care Village  
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